

#### **Membership**

Membership is open to adults with disabilities

Membership is FREE, all you need to do is fill in a membership form.

You will receive our newsletter which has a list of all the events that are going on in Edinburgh and East Lothian.

We charge an admin fee on top of the cost of our events.

You **MUST** book places on all our events, as there is limited spaces, you will need to confirm your place with us.

For ticketed events, you will need to pay for them in advance.

## What our members say.....

"I've not had so much fun in ages" "It's good to be out in town and feel safe and with friends" "It gives me opportunities to try different things"

# **Contact Details**

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for love and friendship





## **Our Principles**

- Everyone wants to be loved, respected and to belong.
- Everyone should have the same opportunities for love and friendship.
- Meeting other people should be uncomplicated and accessible.
- People benefit when we include everyone, we all need to be heard.
- Increased independence and resilience makes us all feel better.
- People should lead the life they want.

# Our Social Events we are

### always looking for suggestions!

Wiff Waff Wednesdays: Table tennis with a DJ, hot food and a cheap bar, one of the best nights out in Edinburgh,.



A trip to the **Kilderkin** pub, where we got pizza for a £1



A walk along Portobello promanade

Our Single & Mingle Night, an all-youcan-eat buffet at the Quay in Musselburgh





### @ The Cav

get2gether holds a club-night every two months. Come down, dance, meet people and have loads of fun

#### **Dates: 2015**

12th February April 16th June 18th August 13th



October 15th December 17th Address: The Cav, 3 West Tollcross, Edinburgh, EH3 9BP Time: 8pm – midnight Ticket prices: £5 per person To book tickets or join get2gether, email info@get2gether.org.uk